

ASSERTING MY RIGHTS

As a young woman, I have the right:

- ➡ To look people in the eye when I talk to them.
- ➡ To express my own feelings, beliefs, and opinions.
- ➡ To speak up if I feel like I am being mistreated.
- ➡ To ask for help or emotional support.
- ➡ To make mistakes.
- ➡ To defend myself if others try to hurt me physically or emotionally.
- ➡ To say no to peer pressure.
- ➡ To take a stand against racism, sexism, and oppression in all forms.
- ➡ _____
- ➡ _____
- ➡ _____