

RESPONDING TO PRESSURE

Go over the lines that some teens use to try to pressure others into doing things. Review the responses. Think of new responses to these lines and write them down:

1. EVERYBODY'S HAVING SEX, SO WHAT'S THE BIG DEAL?

Response: I'm not everyone, I'm me. Besides, I don't really believe that everybody's doing it. It's just a lot of talk.

2. IF YOU LOVE ME, YOU'LL HAVE SEX WITH ME.

Response: If you love me, you would respect my feelings and not push me into doing something that I'm not ready for.

3. IF YOU WON'T HAVE SEX WITH ME, THEN I DON'T WANT TO SEE YOU ANYMORE.

Response: I'm going to miss seeing you, but if that's the way you feel...

4. WANT TO MARRY YOU SOMEDAY.

Response: I am not thinking about marriage right now. There are a lot of things that I want to do before I think about marrying anyone.

5. BUT I NEED IT!

Response: No you don't. If I can wait, you can wait.

6. YOU GOT ME ALL EXCITED. IF YOU LOVE ME, YOU SHOULD PROVE IT.

Response: I'm excited, too but having sex doesn't prove that you're in love.

7. 1. IF YOU DON'T, I'LL BE WITH SOMEONE WHO WILL.

Response: If you just want a body to have sex with, then maybe you should do that. I respect myself too much to be used for sex.

8. WE HAD SEX BEFORE, SO WHAT'S THE PROBLEM NOW?

Response: I have the right to change my mind. I decided to wait.
