

WHAT IS A HEALTHY RELATIONSHIP?

Signs of a healthy relationship:

Signs of a Unhealthy relationship:

HAVING A CHILD



AGE	ADVANTAGES	DISADVANTAGES
15 years-old		
21 years-old		
30 years-old		

HOW FAR DO YOU GO?

Number the boxes below to follow the predictable pattern of behavior leading to sexual intercourse:

Touching below the waist
beneath clothing

Good conversation

First kiss

Sexual intercourse

Intense kissing and
touching above the waist

Lengthy kissing and
hugging

Genital stimulation

Oral sex

Arm around shoulder or
waist or holding hands

Smiles, admiring glances

Touching Below the Waist
Outside Clothing

Touching Above the Waist
Beneath Clothing

RESPONDING TO PRESSURE

Go over the lines that some teens use to try to pressure others into doing things. Review the responses. Think of new responses to these lines and write them down:

1. EVERYBODY'S HAVING SEX, SO WHAT'S THE BIG DEAL?

Response: I'm not everyone, I'm me. Besides, I don't really believe that everybody's doing it. It's just a lot of talk.

2. IF YOU LOVE ME, YOU'LL HAVE SEX WITH ME.

Response: If you love me, you would respect my feelings and not push me into doing something that I'm not ready for.

3. IF YOU WON'T HAVE SEX WITH ME, THEN I DON'T WANT TO SEE YOU ANYMORE.

Response: I'm going to miss seeing you, but if that's the way you feel...

4. WANT TO MARRY YOU SOMEDAY.

Response: I am not thinking about marriage right now. There are a lot of things that I want to do before I think about marrying anyone.

5. BUT I NEED IT!

Response: No you don't. If I can wait, you can wait.

6. YOU GOT ME ALL EXCITED. IF YOU LOVE ME, YOU SHOULD PROVE IT.

Response: I'm excited, too but having sex doesn't prove that you're in love.

7. 1. IF YOU DON'T, I'LL BE WITH SOMEONE WHO WILL.

Response: If you just want a body to have sex with, then maybe you should do that. I respect myself too much to be used for sex.

8. WE HAD SEX BEFORE, SO WHAT'S THE PROBLEM NOW?

Response: I have the right to change my mind. I decided to wait.
